



**Category:** Science Domain - Knowledge of the environment - online research - European recipes with snacks for children (1 Romanian recipe - biscuit salami, 1 English recipe - cup cakes, 1 Italian recipe - panettone, 1 Spanish recipe - flan huevo) and Man and Society Domain - Household activity - preparation of these recipes.

**Year Group:**

Large Group B Prolong Program

Educators: Bacsik Ștefania, Agrișan Ioana

**Learning Objective:**

- recognize the ingredients needed for each recipe;
- to use kitchen utensils properly (wooden spoon, bowl, shapes);
- list the steps taken to prepare for the European dessert.

**Resources:**

- Methods and procedures: conversation, explanation, demonstration, exercise, problematization, exhibition
- Teaching aids: eggs, milk, cocoa, biscuits, flour, baking powder, vanilla sugar, salt, aluminum bowl, wooden spoon, aprons, caps, baking molds, European dessert recipes
- Forms of organization: in groups, in teams, individually, frontally

**Lesson Outline:**

**Lesson Introduction:** The group is prepared for the activity by arranging the space: on a table are placed the necessary ingredients (milk, eggs, sugar, flour, etc.), the recipe for the European dessert and all the utensils they need to make the preparation. The children are presented with the ingredients, work steps and hygiene and safety measures during the work they have to do.

**Main Lesson:** The teacher explains how to prepare the dessert according to the recipe and the children are involved in the process of obtaining the final product. Every child is motivated and involved in the practical household activity. They are interested and enthusiastic about their work tasks.

**Plenary:** The children were attracted to the activity and wanted to repeat and share the experience with their parents at home.



## Photographs: Biscuit salami-Romanian recipe





Cup cakes-English recipe





Flan de huevo-Spanish recipe



Panettone- Italian recipe

